

# HUBUNGAN ANTARA *JOB INSECURITY* DENGAN *PSYCHOLOGICAL WELL-BEING* GURU HONORER DI KABUPATEN SLEMAN

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## ABSTRAK

Penelitian ini memiliki tujuan untuk mengetahui hubungan antara *Job Insecurity* dan *Psychological Well-Being* pada Guru Honorer di Kabupaten Sleman. Hipotesis penelitian adalah terdapat hubungan negatif antara *job insecurity* dan *psychological well-being* pada guru honorer di Kabupaten Sleman. *Job Insecurity* dalam penelitian ini diukur secara global menggunakan skala milik Vander Elst et al (2014) yaitu *Job Insecurity Scale* ( $\alpha = 0,8$ ). *Psychological Well-Being* pada penelitian diukur menggunakan skala *Psychological Well-Being Scale* milik Ryff (1989) yang telah disederhanakan oleh Ren Hau-Li (2014) yang memiliki enam dimensi yaitu *Positive Relationship with Other* ( $\alpha = 0,708$ ), *Autonomy* ( $\alpha = 0,702$ ), *Environmental Mastery* ( $\alpha = 0,708$ ), *Personal Growth* ( $\alpha = 0,866$ ), *Purpose in Life* ( $\alpha = 0,725$ ), dan *Self-Acceptance* ( $\alpha = 0,716$ ). Terdapat 183 partisipan pada penelitian ini. Hasil dari penelitian menunjukkan ada hubungan negatif yang signifikan ( $p < 0,05$ ) antara *Job Insecurity* dan dimensi *Positive Relation with Other* ( $p = 0,015$ ;  $r = -0,161$ ), *Environmental Mastery* ( $p = 0,001$ ;  $r = -0,224$ ), *Purpose in Life* ( $p = 0,001$ ;  $r = -0,238$ ) dan *Self-Acceptance* ( $p = 0,005$ ;  $r = -0,192$ ). Selain itu, dari hasil penelitian juga ditemukan bahwa tidak terdapat hubungan negatif yang signifikan ( $p > 0,05$ ) antara *Job Insecurity* dan dimensi *Autonomy* ( $p = 0,375$ ;  $r = -0,024$ ) dan *Personal Growth* ( $p = 0,192$ ;  $r = -0,065$ ).

Kata kunci: *Job Insecurity*, *Psychological Well-Being*, Guru Honorer

# CORELATIONSHIP BETWEEN JOB INSECURITY AND PSYCHOLOGICAL WELL-BEING ON HONORARY TEACHERS IN SLEMAN REGENCY

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## **ABSTRACT**

*The purpose of this study is to determine the relationship between Job Insecurity and Psychological Well-Being on honorary teachers in Sleman Regency. Hypothesis in this study is that there is a negative and significant relationship between Job Insecurity and Psychological Well-Being on honorary teachers in Sleman Regency. In this study, Job Insecurity are measured globally with the Job Insecurity Scale ( $\alpha = 0,8$ ) by Vander Elst et al (2014). Psychological Well-Being in this study is measured with Ryff's Psychological Well-Being Scale (1989) that has been simplified by Ren Hau-Li (2014) that have six dimensions which is Positive Relationship with Other ( $\alpha = 0,708$ ), Autonomy ( $\alpha = 0,702$ ), Environmental Mastery ( $\alpha = 0,708$ ), Personal Growth ( $\alpha = 0,866$ ), Purpose in Life ( $\alpha = 0,725$ ), and Self-Acceptance ( $\alpha = 0,716$ ). In this study, there were 183 participants. The results showed that there was a negative and significant relationship ( $p < 0,05$ ) between Job Insecurity and dimension Positive Relation with Other ( $p = 0,015$ ;  $r = -0,161$ ), Environmental Mastery ( $p = 0,001$ ;  $r = -0,224$ ), Purpose in Life ( $p = 0,001$ ;  $r = -0,238$ ) and Self-Acceptance ( $p = 0,005$ ;  $r = -0,192$ ). The result also shown that there was no significant relationship ( $p > 0,05$ ) between Job Insecurity and dimension Autonomy ( $p = 0,375$ ;  $r = -0,024$ ) dan Personal Growth ( $p = 0,192$ ;  $r = -0,065$ ).*

*Keywords:* Job Insecurity, Psychological Well-Being, Honorary Teacher.